

ADD or ADHD Accommodations

Quick Reference Material

The following are appropriate accommodations for many students with Attention Deficit Disorder (ADD) or Attention Deficit Hyperactivity Disorder (ADHD).

Indicator: If a student fails to bring necessary materials home, an appropriate accommodation might be to:

- Provide a second set of books at home.
- Post a list of what to take home on the inside of the student's locker.
- Color code book covers, workbooks, and notebooks.
- Use pocket folder to carry worksheets and other assignment information.

Indicator: If a student acts out or disrupts the class, an appropriate accommodation might be to:

- Post and teach clear classroom expectations and consequences.
- Consistently enforce rules.
- Establish a private cue or signal to make the student aware of his/her behavior.
- Avoid confrontational techniques.
- Provide alternatives.
- Analyze behavior to determine triggers and results.
- Develop positive behavior support plan that includes prevention, teaching, and consequences.
- Utilize conflict management techniques.
- Designate a "cooling off" location in the classroom.

Indicator: If the student is easily distracted or fails to sustain attention long enough for task completion, appropriate accommodations may be to:

- Break assignments into shorter segments.
- Give preferential seating away from distractions.
- Provide opportunities for movement.
- Plan highly structured routines and teaching methods.
- Walk or stand near the student frequently.
- Frequently check on student work and redirect if necessary.

Indicator: If the student displays organizational challenges, appropriate accommodations might be to:

- Provide an established daily routine.
- Contract with student and use rewards for completion of contract.
- Frequently check student's notebooks for organization.
- Provide due dates on written assignments.
- Break large projects into smaller parts with due dates for each part.
- Provide sticky notes for reminders.
- Provide Post-it tape flags to draw attention to certain pages.
- Provide colored paper clips to section materials.
- Provide a highlighter to mark important information and provide motor activity during reading.
- Provide a storage cubicle to keep classroom materials readily available.

Indicator: If the student fails to get started quickly when assignments are given, appropriate accommodations might be to:

- Introduce the assignment in sequential steps.
- Check for understanding of instructions.
- Check on progress often in the first few minutes of work.
- Provide time suggestions for each task.
- Provide a checklist for long, detailed tasks.